# Join us for an exciting event!

# BENEFIT FOR HOPE 2023

IT'S OK NOT TO BE OK.

A Project of Youth Leadership Bedford

In recent years, there have been multiple mental-health related tragedies of school-age children in Bedford County, which have left a profound impact on the lives of students and their families. To try and help, this year's Youth Leadership Bedford class has chosen to host a mental health awareness benefit event called "A Benefit for Hope." The goal is to remove the stigma surrounding mental health, bring awareness to the resources available, and raise money for counseling services grants.

# WHEN AND WHERE?

April 15, 2023, 4:30-8:00 PM,
Shelbyville Central High School
Location: 401 Eagle Blvd,
Shelbyville, TN 37160
COME FOR A

Get dinner tickets here!

ALL ARE
INVITED!
YOU DO
NOT HAVE
TO
PURCHASE
DINNER TO
ATTEND
THIS EVENT.

**CHANCE TO** 

WIN EXCITING

**DOOR PRIZES!** 



OR, YOU CAN PURCHASE A PAPER-FORM OF DINNER TICKETS FROM ANY YLB MEMBER LISTED ON THE BACK. DINNER TICKETS MUST BE PURCHASED IN ADVANCE.

# WHAT'S HAPPENING?

4:30-6:00PM Dinner, Live Music, Silent Auction & Mental Health Resources Fair

6:00-6:45PM Expert Speakers from the Mental Health field representing the Tennessee Suicide Prevention Network and the Jason Foundation

6:45-7:15PM Silent Auction

7:15-8:00PM Live Auction

# WHERE IS THE MONEY GOING?

All proceeds will be allocated for grants for ages 21 & under who need professional counseling services but are not in a financial position to afford it.

QUESTIONS? EMAIL US AT YLB.BENEFITFORHOPE@GMAIL.COM

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IF YOU ARE INTERESTED IN PURCHASING DINNER TICKETS IN PAPER FORM, SPONSORING/DONATING ITEMS TO THE EVENT, OR HAVE QUESTIONS, PLEASE CONTACT ANYONE BELOW.

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